

## Heros

SAUSAGE AND PEPPERS	14	CHICKEN CAPRESE	15
CHICKEN PARM	15	Grilled Chicken-Tomato-Fresh-Mozzarella - Roasted Red Peppers-Balsamic Vinaigrette	
MEATBALL PARM	15	CHICKEN BACON BOMBER	16
EGGPLANT PARM	15	Chicken Cutlet-Bacon-Cheddar Cheese - Mozzarella Cheese-Thousand Island Dressing	
CHICKEN ALLA VODKA PARM	16		
SHRIMP PARM	17		
PHILLY CHEESESTEAK	17		

## Wraps

Whole Wheat or White Flour

CHICKEN CAESAR	13
Grilled Chicken-Romaine-Shaved Parmesan-Garlic Bread Croutons-Caesar Dressing	
CHICKEN BRUSCHETTA	13
Grilled Chicken-Red Onions-Tomato-Fresh Mozzarella-Balsamic Vinaigrette	
CAJUN SHRIMP	15
Cajun Shrimp-Mixed Greens-Cucumber-Avocado-Balsamic Vinaigrette	
BUFFALO CHICKEN	13
Buffalo Chiken Tenders-Lettuce-Cheddar-Tomato-Blue Cheese Dressing	
CHICKEN BACON BOMBER	13
Chicken Cutlet-Bacon-Cheddar Cheese-Mozzarella-Thousand Island Dressing	
AVOCADO BLT	13
Bacon-Lettuce-Tomato-Avocado-Chipotle Aioli	

## Paninis

GRILLED CHICKEN	13
Grilled Chicken-Roasted Peppers-Tomatoes-Fresh Mozzarella-Balsamic Dressing	
EGGPLANT CAPRESE	13
Fried eggplant-Tomato-Fresh-Mozzarella-Roasted Red Peppers	
SOUTHWEST CHICKEN	14
Grilled Chicken-Bacon-Avocado-Cheddar-Chipotle Aioli	

## Sides

FRENCH FRIES	6
VEGETABLE RISOTTO	7
SWEET POTATO FRIES	7
Maple Brown Sugar Sauce	
MASHED POTATOES	8
ROASTED VEGETABLE	8
SAUTÉED BROCCOLI RABE	10

## Pizza

<b>CLASSICS</b>	PERSONAL	LARGE
SUBSTITUTE PERSONAL CAULIFLOWER CRUST 3		
CHEESE PIZZA	18	21
SICILIAN		24
GRANDMA	20	26
GRANDMA VODKA	20	26
MARGARITA	20	26
WHITE	20	26

## SPECIALTIES

ALL SPECIALTIES MADE WITH SESAME CRUST

ROASTED VEGETABLE	20	32
Mixed Roasted Vegetable - Mozzarella		
SPINACH ARTICHOKE	20	32
Spinach - Artichoke - Cream Sauce - Mozzarella		
PENNE ALLA VODKA	20	32
Vodka Sauce - Penne Pasta - Mozzarella		
MAC & CHEESE	20	32
Elbow Pasta - Cheddar Cream Sauce - Mozzarella		
EGGPLANT ROLLATINI	20	32
Fried Eggplant - Ricotta - Tomato Sauce - Mozzarella		
HAWAIIAN	20	32
Pineapple - Bacon - Ham - Tomato Sauce - Mozzarella		
MARY'S MEATBALL	21	34
Beef Meatballs - Marinara - Fresh Mozzarella - Ricotta - Basil		
CHICKEN BACON BOMBER	21	34
Chicken Cutlet - Bacon - Cheddar - Mozzarella - Thousand Island		
BUFFALO CHICKEN	21	34
Chicken Cutlet - Buffalo Sauce - Mozzarella		
CHICKEN PARM	21	34
Chicken Cutlet - Tomato Sauce - Mozzarella		
BROCCOLI RABE & SAUSAGE	23	36
Sweet Sausage - Broccoli Rabe - Garlic & Oil - Mozzarella		
CHICKEN CAESAR	23	36
Grilled Chicken - Romaine - Croutons - Shaved Parmesan - Caesar Dressing		

## TOPPINGS

PERSONAL HALF 2	FULL 3
LARGE HALF 3	FULL 5
EXTRA CHEESE - PEPPERS & ONIONS - MUSHROOMS - BLACK OLIVES - PEPPERONI	
SAUSAGE - MEATBALLS - BACON - JALAPEÑOS - PINEAPPLE	

## Flatbreads

MARGARITA Plum Tomato - Fresh Mozzarella - Basil	16
ALLA VODKA Fresh Mozzarella - Vodka Sauce - Basil	16
ROASTED VEGETABLE Mixed Roasted Vegetables - Mozzarella	18
SPINACH & ARTICHOKE Spinach - Artichokes - Cream Sauce Mozzarella Cheese	18
BUFFALO CHICKEN Chicken Cutlet - Buffalo Sauce - Mozzarella	18
MARYS MEATBALL• Beef Meatballs - Marinara - Ricotta - Basil	19
SAUSAGE & BROCCOLI RABE Sausage - Broccoli Rabe Garlic and Oil - Mozzarella	19



# TAKE OUT MENU

**SPEONK**  
190 MONTAUK HIGHWAY  
631.801.6600

\* PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

\* Thoroughly cooking meat, poultry, seafood, shellfish or egg reduce the risk of food born illness. Before placing your order, please inform your server if a person in your party has a food allergy

## Appetizers

CHEESY BREADSTICKS (5) Garlic Breadsticks – Melted Mozzarella – Maranara Sauce	8
MINI RICE BALLS Angus Beef – Rice – Peas – Mozzarella – Vodka Sauce	12
ZUCCHINI STICKS	12
FRIED MOZZARELLA WEDGES With Marinara Sauce	12
MARYS MEATBALLS Beef Meatballs – Marinara – Ricotta – Basil	13
EGGPLANT ROLLATINI Ricotta – Tomato Sauce – Shaved Parmesan	13
VEGETABLE STUFFED MUSHROOMS Roasted Vegetables Breadcrumbs – Pecorino Romano – White Wine	14
BURRATA CAPRESE Roasted Peppers – Tomatoes – Burrata – Basil – Balsamic – EVOO Add Prosciutto di Parma 8	15
CLAMS OREGANATA Whole Clams – Bread Crumbs – White Wine	16
CAJUN JALAPEÑO MUSSELS Cajun Cream Sauce – Mussels Jalapeños – Sausage	18
FRIED CALAMARI Classic or Spicy Thai	19

## Wings

FLAVORS: BUFFALO, BBQ, SESAME TERIYAKI, SPICY THAI

TRADITIONAL WINGS	10 Wings 16 – 25 Wings 36 – 50 Wings 68
BONELESS WINGS*	10 Wings 13 – 25 Wings 26 – 50 Wings 48

## Salads

ADD CHICKEN 6 - SHRIMP 10 - SALMON 15- STEAK 15

CAESAR Romaine–Garlic Bread Croutons– Shaved Parmesan – Caesar Dressings	13
ROMAINE WEDGE Romaine–Tomatoes–Pickled Red Onion–Crispy Bacon–Bleu Cheese	17
STACY Mixed Greens–Dried Cranberries–Walnuts–Goat Cheese–Fried Onions–Italian Vinaigrette	17
ROASTED BEET Mixed Green–Roasted Beets–Red Onions–Chick Peas–Carrots Goat Cheese–Italian Vinaigrette	17
PORT PEAR Mixed Greens–Dried Cranberries–Walnuts–Caramelized Pears Goat Cheese–Raspberry Vinaigrette	17
MARY'S CHOPPED CHICKEN Romaine–Tomatoes–Red Onions–Cucumbers–Roasted Peppers Grilled Chicken–Balsamic Vinaigrette	20
CHOPPED ANTI PASTA Romain – Pepperoni – Salami – Prosciutto – Fresh Mozzarella – Tomato Onion – Hot Cherry Peppers– Red Wine Vinaigrette	22
STEAK & GORGONZOLA Baby Spinach–Steak–Tomatoes–Onions–Gorgonzola–Balsamic Vinaigrette	34

## Soups

	SM/16 oz	LG/32 oz
PASTA FAGIOLI	9	16
TORTELLINI BRODO	9	16

## Pasta

GLUTEN FREE AVAILABLE

PENNE ALLA VODKA Prosciutto – Shallots – Pecorino Romano – Pink Cream Sauce	22
SPAGHETTI WITH MEATBALLS Beef Meatballs – Tomato Sauce – Spaghetti	22
BURRATA POMODORO Garlic Roasted Tomatoes – EVOO – Burrata – Spaghetti	24
LASAGNA Pasta Ribbons – Angus Ground Beef – Ricotta – Tomato Sauce – Mozzarella	24
PISTACHIO PESTO TORTELLINI Cheese Tortellini – Prosciutto – Pistachio Cream Sauce	24
BAKED GNOCCHI Potato Gnocchi – Tomato Sauce – Ricotta – Melted Mozzarella Cheese	24
PAPPARDELLE BOLOGNESE Angus Ground Beef – Sweet Peas – Pink Cream Sauce – Pappardelle	26
MARY'S COMBO Half Lasagna – Chicken Parmigiana	27
ORECCHIETTE DI RABE Broccoli Rabe – Sweet Sausage – Sundried Tomatoes – Garlic – EVOO – Orecchiette	28
LINGUINE WITH CLAM SAUCE* Little Neck Clams – White Wine – Garlic – EVOO – Linguine	28
SHRIMP SCAMPI* White Wine – Garlic – Basil – Grilled Shrimp – Linguine	29
FILET MIGNON TIDBITS* Orecchiette – Filet Mignon – Mushroom Demi-Glace – Scallions	32
SEAFOOD MARINARA* Shrimp– Mussels– Clams– Plum Tomato Sauce – Linguine	34

## Chicken

SUBSTITUTE PASTA FOR ROASTED VEGETABLES OR RISOTTO

PARMIGIANA Tomato Sauce–Mozzarella–Spaghetti	27
FRANCAISE Lemon–White Wine–Spaghetti	27
MARSALA Mushroom Demi–Glace–Prosciutto–Marsala Wine–Spaghetti	27
ROLLATINI ROLLED CHICKEN CUTLET – SMOKED HAM – MOZZARELLA – SWISS – MUSHROOM DEMI–GLACE – MASHED POTATOES	29
AMALFI Sauteed Chicken – Asparagus – Roasted Peppers Fresh Mozzarella – Garlic – White Wine – Linguine	29
CAPRI Breaded Chicken Cutlet – Tomatoes – Red Onions – Fresh Mozzarella Pearls – Balsamic Reduction – Roasted Vegetables	29
CORDON BLEU Rolled Chicken Cutlet – Smoked Ham – Mozzarella – Swiss – Pecorino Romano Cream Sauce – Linguine	29
SCARPIELLO Sauteed Chicken – Sweet Sausage – Potatoes – Roasted Peppers– Onions – Demi Glace – Risotto	29

## Entrees

SUBSTITUTE PASTA FOR ROASTED VEGETABLES OR RISOTTO

EGGPLANT MARGARITA Fried Eggplant – Marinara – Fresh Mozzarella – Basil – Spaghetti	26
FLOUNDER OREGANATA* Broiled Flounder – Bread Crumbs – Garlic – White Wine – Risotto	31
SALMON PICCATA* Salmon – Lemon – White Wine – Artichoke – Capers – Risotto	32
GRILLED SALMON* Roasted Vegetables	32
STUFFED SHRIMP* Colossal Shrimp – Crabmeat Stuffing – Spinach – Garlic – White Wine – Risotto	34
EVERYTHING CRUSTED TUNA* Ahi Tuna – Veggie Risotto – Avocado Ppuree	35
VEAL CHOP PARMIGIANA* 16 oz Pan Fried Veal Chop – Marinara Sauce – Mozzarella – Spaghetti	46
FILET MIGNON* 10 oz Filet – Grilled Asparagus – Mashed Potatoes – Mushroom Demi Glace	48

## Gourmet Burgers


Choice of French Fries or Roasted Vegetables

CHEESE* 8oz Housemade Burger– American– Lettuce – Tomato–Onion	19
VEGETARIAN BLACK BEAN Avocado–Swiss–Lettuce–Tomato–Onion – Micro Greens– Chipotle Aioli	19
SOUTHWEST* Avocado– Cheddar– Lettuce–Tomato–Onion Chipotle Aioli	21
BACON BOMBER* Bacon–Cheddar–Mozzarella–Lettuce–Tomato–Thousand Island	21
SMOKEHOUSE* Bacon – Cheddar – Fried Onion Strings – BBQ Sauce	21
THE SPEONK* Caramelized Onions–Mushrooms – Swiss–Horseradish Aioli	21

## Kids

CHEESE RAVIOLI	13
MAC & CHEESE	14
CHICKEN FINGERS & FRENCH FRIES	14
PENNE ALLA VODKA	16
SPAGHETTI & MEATBALL	16
CHICKEN PARM	19



 GLUTEN FREE OPTIONS AND PASTA AVAILABLE

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