

Heros

CHICKEN PARM	14	CHICKEN CAPRESE	14
MEATBALL PARM	14	Grilled Chicken-Tomato-Fresh-Mozzarella - Roasted Red Peppers-Balsamic Vinaigrette	
SHRIMP PARM	16	CHICKEN BACON BOMBER	15
EGGPLANT PARM	14	Chicken Cutlet-Bacon-Cheddar Cheese - Mozzarella Cheese-Thousand Island Dressing	
SAUSAGE AND PEPPERS	13		
CHICKEN ALLA VODKA PARM	15		

Wraps

Whole Wheat or White Flour

CHICKEN CAESAR	12		
Grilled Chicken-Romaine-Shaved Parmesan-Garlic Bread Croutons-Caesar Dressing			
CHICKEN BRUSCHETTA	13		
Grilled Chicken-Red Onions-Chopped-Balsamic Vinaigrette			
CAJUN SHRIMP	15		
Cajun Shrimp-Mixed Greens-Cucumber-Avocado-Balsamic Vinaigrette			
BUFFALO CHICKEN	13		
Buffalo Chiken Tenders-Lettuce-Cheddar-Tomato-Blue Cheese Dressing			
CHICKEN BACON BOMBER	13		
Chicken Cutlet-Bacon-Cheddar-Cheese-Mozzarella-Thousand Island Dressing			
AVOCADO BLT	13		
Bacon-Lettuce-Tomato-Avocado-Chipotle Aiolo			

Daninis

GRILLED CHICKEN	13		
Grilled Chicken-Roasted Peppers-Tomatoes-Fresh Mozzarella-Balsamic Dressing			
EGGPLANT CAPRESE	13		
Fried eggplant-Tomato-Fresh-Mozzarella-Roasted Red Peppers			
SOUTHWEST CHICKEN	14		
Grilled Chicken-Bacon-Avocado-Cheddar-chipotle aioli			

Sides

FRENCH FRIES	6		
VEGETABLE RISOTTO	7		
SWEET POTATO FRIES	7		
Maple Brown Sugar sauce			
MASHED POTATOES	8		
ROASTED VEGETABLE	8		
SAUTÉED BROCCOLI RABE	10		

Dessert

MINI CANNOLIS (3)	7		
NY CHEESECAKE	9		
KEY LIME PIE	9		

* PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

Pizza

CLASSICS

SUBSTITUTE PERSONAL CAULIFLOWER CRUST 3		PERSONAL	LARGE
CHEESE PIZZA		17	20
SICILIAN			23
GRANDMA		19	25
GRANDMA VODKA		19	25
MARGARITA		19	25
WHITE		19	25

SPECIALTIES

ALL SPECIALTIES MADE WITH SESAME CRUST

ROASTED VEGETABLE		19	31
Mixed Roasted Vegetable - Mozzarella			
SPINACH ARTICHOKE		19	31
Spinach - Artichoke - Cream Sauce - Mozzarella			
PENNE ALLA VODKA		19	31
Vodka Sauce - Penne Pasta - Mozzarella			
MAC & CHEESE		19	31
Elbow Pasta - Cheddar Cream Sauce - Mozzarella			
EGGPLANT ROLLATINI		19	31
Fried Eggplant - Ricotta - Tomato Sauce - Mozzarella			
HAWAIIAN		19	31
Pineapple - Bacon - Ham - Tomato Sauce - Mozzarella			
MARY'S MEATBALL		20	33
Beef Meatballs - Marinara - Fresh Mozzarella - Ricotta - Basil			
CHICKEN BACON BOMBER		20	33
Chicken Cutlet - Bacon - Cheddar - Mozzarella - Thousand Island			
CHICKEN CORDON BLEU		20	33
Chicken Cutlet - Smoked Ham - Pecorino Romano Cream Sauce - Mozzarella			
BUFFALO CHICKEN		20	33
Chicken Cutlet - Buffalo Sauce - Mozzarella			
CHICKEN PARM		20	33
Chicken Cutlet - Tomato Sauce - Mozzarella			
BROCCOLI RABE & SAUSAGE		22	35
Sweet Sausage - Broccoli Rabe - Garlic & Oil - Mozzarella			
CHICKEN CAESAR		22	35
Grilled Chicken - Romaine - Croutons - Shaved Parm - Caesar Dressing			

TOPPINGS

PERSONAL HALF 2	FULL 3		
LARGE HALF 3	FULL 5		
EXTRA CHEESE - PEPPERS & ONIONS - MUSHROOMS - BLACK OLIVES - PEPPERONI			
SAUSAGE - MEATBALLS - BACON - JALAPEÑOS - PINEAPPLE			

Flatbreads

MARGARITA Plum Tomato - Fresh Mozzarella - Basil	15
ALLA VODKA Fresh Mozzarella - Vodka Sauce - Basil	15
ROASTED VEGETABLE Mixed Roasted Vegetables - Mozzarella	17
SPINACH & ARTICHOKE Spinach - Artichokes - Cream Sauce Mozzarella Cheese	17
BUFFALO CHICKEN Chicken Cutlet - Buffalo Sauce - Mozzarella	17
MARY'S MEATBALL• Beef Meatballs - Marinara - Ricotta - Basil	18
SAUSAGE & BROCCOLI RABE Sausage - Broccoli Rabe Garlic and Oil - Mozzarella	18
THAI SHRIMP• Thai Chili Sauce - Mozzarella - Scallions - Shrimp	19

* Thoroughly cooking meat, poultry, seafood, shellfish or egg reduce the risk of food-borne illness. Before placing your order please inform your server if a person in your party has a food allergy.



TAKE OUT MENU

SPEONK

190 MONTAUK HIGHWAY
631.801.6600

Appetizers

MARY'S MEATBALLS	13
Beef Meatballs – Marinara – Ricotta – Basil	
EGGPLANT ROLLATINI	13
Ricotta – Tomato Sauce – Shaved Parmesan	
MINI RICE BALLS	12
Angus Beef – Rice – Peas – Mozzarella – Vodka Sauce	
ZUCCHINI STICKS	12
FRIED MOZZARELLA WEDGES	12
With Marinara Sauce	
FRIED CALAMARI	18
Classic or Spicy Thai	
CLAMS OREGANATA	15
Whole Clams – Bread Crumbs – White Wine	
VEGETABLE STUFFED MUSHROOMS	14
Roasted Vegetables Breadcrumbs – Pecorino Romano – White Wine	
BURRATA CAPRESE	15
Roasted Peppers – Tomatoes – Burrata – Basil – Balsamic – EVOO	
Add Prosciutto di Parma 8	
SHRIMP COCKTAIL	17
(5) Colossal Shrimp – Cocktail Sauce	

Wings

FLAVORS: BUFFALO, BBQ, SESAME TERIYAKI, SPICY THAI

TRADITIONAL WINGS

10 Wings 16 – 25 Wings 36 – 50 Wings 68

BONELESS WINGS*

10 Wings 13 – 25 Wings 26 – 50 Wings 48

Salads

ADD CHICKEN 6 - SHRIMP 10 - SALMON 15- STEAK 15

CAESAR	12
Romaine–Garlic Bread Croutons– Shaved Parmesan – Caesar Dressings	
ROMAINE WEDGE	16
Romaine–Tomatoes–Pickled Red Onion–Crispy Bacon–Bleu Cheese	
STACY	16
Mixed Greens–Dried Cranberries–Walnuts–Goat Cheese–Fried Onions	
Italian Vinaigrette	
ROASTED BEET	16
Mixed Green–Roasted Beets–Red Onions–Chick Peas–Carrots	
Goat Cheese–Italian Vinaigrette	
PORT PEAR	16
Mixed Greens–Dried Cranberries–Walnuts–Caramelized Pears	
Goat Cheese–Raspberry Vinaigrette	
MARY'S CHOPPED CHICKEN	18
Romaine–Tomatoes–Red Onions–Cucumbers–Roasted Peppers	
Grilled Chicken–Balsamic Vinaigrette	
STEAK & GORGONZOLA	32
Baby Spinach–Steak–Tomatoes–Onions–Gorgonzola–Balsamic Vinaigrette	

Soups

	SM/16 oz	LG/32 oz
PASTA FAGIOLI	9	16
TORTELLINI BRODO	9	16
LOBSTER BISQUE	11	19

Pasta

GLUTEN FREE AVAILABLE • ADD SOUP OR SIDE SALAD 5

PENNE ALLA VODKA	20
Prosciutto – Shallots – Pecorino Romano – Pink Cream Sauce	
BURRATA POMODORO	22
Garlic Roasted Tomatoes – EVOO – Burrata – Spaghetti	
SPAGHETTI WITH MEATBALLS	20
Beef Meatballs – Tomato Sauce – Spaghetti	
LASAGNA	22
Pasta Ribbons –Angus Ground Beef –Ricotta –Tomato Sauce –Mozzarella	
MARY'S COMBO	25
Half Lasagna – Chicken Parmigiana	
SHRIMP SCAMPI*	27
White Wine – Garlic – Basil – Grilled Shrimp – Linguine	
PAPPARDELLE BOLOGNESE	24
Angus Ground Beef – Sweet Peas – Pink Cream Sauce – Pappardelle	
ORECCHIETTE DI RABE	26
Broccoli Rabe – Sweet Sausage – Sundried Tomatoes – Garlic – EVOO – Orecchiette	
LINGUINE WITH CLAM SAUCE*	26
Little Neck Clams – White Wine – Garlic – EVOO – Linguine	
FILET MIGNON TIDBITS*	30
Orecchiette – Filet Mignon – Mushroom Demi-Glace – Scallions	
SEAFOOD MARINARA*	33
Shrimp– Mussels– Clams– Plum Tomato Sauce – Linguine	

Chicken

SUBSTITUTE PASTA FOR ROASTED VEGETABLES OR RISOTTO

PARMIGIANA	25
Tomato Sauce–Mozzarella–Spaghetti	
FRANCAISE	25
Lemon–White Wine–Spaghetti	
MARSALA	25
Mushroom Demi–Glace–Prosciutto–Marsala Wine–Spaghetti	
ROLLATINI	27
ROLLED CHICKEN CUTLET – SMOKED HAM – MOZZARELLA – SWISS – MUSHROOM DEMI-GLACE – MASHED POTATOES	
AMALFI	27
Sauteed Chicken – Asparagus – Roasted Peppers	
Fresh Mozzarella – Garlic – White Wine – Linguine	
CAPRI	27
Breaded Chicken Cutlet – Tomatoes – Red Onions – Fresh Mozzarella Pearls – Balsamic Reduction – Roasted Vegetables	
CORDON BLEU	27
Rolled Chicken Cutlet – Smoked Ham – Mozzarella – Swiss – Pecorino Romano Cream Sauce – Linguine	
SCARPIELLO	27
Sauteed Chicken – Sweet Sausage –Potatoes –Roasted Peppers– Onions – Demi Glace – Risotto	



Entrees

SUBSTITUTE PASTA FOR ROASTED VEGETABLES OR RISOTTO

ADD SOUP OR SIDE SALAD 5	
EGGPLANT MARGARITA	24
Fried Eggplant – Marinara – Fresh Mozzarella – Basil – Spaghetti	
FLOUNDER OREGANATA*	28
Broiled Flounder – Bread Crumbs – Garlic – White Wine – Risotto	
GRILLED SALMON*	30
Roasted Vegetables	
STUFFED SHRIMP*	32
Colossal Shrimp – Crabmeat Stuffing – Spinach – Garlic – White Wine – Risotto	
EVERYTHING CRUSTED TUNA*	32
Ahi Tuna – Everything Seeds – Vegetable Risotto– Avocado Wasabi Puree	
NY STRIP*	40
12 oz Strip – Mashed Potatoes– Broccoli	
FILET MIGNON*	42
10 oz Filet – Grilled Asparagus – Mashed Potatoes – Mushroom Demi Glace	
VEAL CHOP PARMIGIANA*	43
16 oz Pan Fried Veal Chop – Marinara Sauce	
Mozzarella – Spaghetti	

Gourmet Burgers

Choice of French Fries or Roasted Vegetables

CHEESE*	18
8oz Housemade Burger– American– Lettuce – Tomato–Onion	
VEGETARIAN BLACK BEAN	18
Avocado–Swiss–Lettuce–Tomato–Onion – Micro Greens– Chipotle Aioli	
SOUTHWEST*	20
Avocado– Cheddar– Lettuce–Tomato–Onion	
Chipotle Aioli	
BACON BOMBER*	20
Bacon–Cheddar–Mozzarella–Lettuce–Tomato–Thousand Island	
THE SPEONK*	20
Caramelized Onions–Mushrooms – Swiss–Horseradish Aioli	

Kids

PENNE ALLA VODKA	14
MAC & CHEESE	13
SPAGHETTI & MEATBALL	14
CHEESE RAVIOLI	12
CHICKEN FINGERS & FRENCH FRIES	13
CHICKEN PARM	18

GLUTEN FREE OPTIONS AND PASTA AVAILABLE

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