

Appetizers

MARY'S MEATBALLS	11
Angus Beef-Marinara-Ricotta-Basil	
EGGPLANT ROLLATINI	12
Ricotta-Tomato Sauce-Shaved Parmesan	
MINI RICE BALLS	10
Ground Beef-Rice-Peas-Mozzarella-Vodka Sauce	
ZUCCHINI STICKS With Chipotle Aioli	10
MOZZARELLA STICKS With Marinara sauce	10
FRIED CALAMARI Classic or Spicy Thai	15
BAKED CLAMS	12
Whole Clams-Bread Crumbs-White Wine	
VEGETABLE STUFFED MUSHROOMS	12
Roasted Vegetables-Bread Crumb-White Wine	

Wings

FLAVORS: BUFFALO, BBQ, SESAME TERIYAKI, SPICY THAI

TRADITIONAL WINGS

10 Wings 15 25 Wings 35 50 Wings 65

BONELESS WINGS*

10 Wings 12 25 Wings 25 50 Wings 47

Salads

ADD CHICKEN 5-SHRIMP 7- SALMON 15- STEAK 15

GARDEN	8 / 11
Romaine-Cucumbers - Tomatoes - Red Onions - Balsamic Vinaigrette	
CAESAR	9 / 12
Romaine-Garlic Bread Croutons- Shaved Parmesan - Caesar Dressings	
GREEK	11 / 14
Romaine-Cucumbers-Tomatoes-Red Onions-Olives-Fetta	
Stuffed Grape Leaves- Balsamic Vinaigrette	
ROMAINE WEDGE	16
Romaine-Tomatoes-Pickled Red Onion-Crispy Bacon-Bleu Cheese	
MARY'S CHOPPED CHICKEN	18
Romaine-Tomatoes-Red Onions-Cucumbers-Roasted Peppers	
Grilled Chicken-Balsamic Vinaigrette	
STACY	16
Mixed Greens-Dried Cranberries-Walnuts-Goat Cheese-Fried Onions	
Italian Vinaigrette	
ROASTED BEET	16
Mixed Greens-Roasted Beets-Red Onions-Chick Peas-Carrots	
Goat Cheese-Italian Vinaigrette	
PORT PEAR	16
Mixed Greens-Dried Cranberries-Walnuts-Caramelized Pears	
Goat Cheese-Raspberry Vinaigrette	
STEAK & GORGONZOLA	28
Baby Spinach-Steak-Tomatoes-Onions-Gorgonzola-Balsamic Vinaigrette	

Soups

	SM/16OZ	LG/32OZ
PASTA FAGIOLI	8	15
CREAMY CHICKEN	8	15
TORTELLINI BRODO	8	15
LOBSTER BISQUE	10	18

Pasta

ADD CHICKEN 5-SHRIMP 7- LOBSTER TAIL 12	
GLUTEN FREE AVAILABLE	
PENNE ALLA VODKA	17
Prosciutto- Shallots- Pecorino Romano- Pink Cream Sauce	
BAKED RAVIOLI	17
Cheese Ravioli- Tomato Sauce- Mozzarella	
ALFREDO	17
Pecorino Romano- White Cream Sauce- Linguine	
BURRATA POMODORO	17
Garlic Roasted Tomatoes- EVOO- Baratta- Spaghetti	
SPAGHETTI AND MEATBALLS	17
Beef Meatballs- Tomato Sauce- Spaghetti	
LASAGNA	19
Pasta Ribbons- Angus Ground Beef- Ricotta- Tomato Sauce-Mozzarella	
BAKED GNOCCHI ALLA VODKA	22
Potato Gnocchi- Vodka Sauce- Mozzarella	
MARY'S COMBO	22
Half Lasagna-Chicken Parmigiana	
GNOCCHI CARBONARA	23
Potato Gnocchi- Caramelized Onions-Bacon- Pecorino Romano Cream Sauce	
SHRIMP SCAMPI	24
White Wine- Garlic- Basil- Grilled Shrimp- Linguine	
LOBSTER RAVIOLI	25
Pecorino Romano Cream Sauce- Tomatoes- Basil	
ORECCHIETTE DI RABE	25
Broccoli Rabe- Sweet Sausage- Sundried Tomatoes- Garlic- EVOO- Orecchiette	
LINGUINE WITH CLAM SAUCE	25
Little Neck Clams- White Wine- Garlic- EVOO- Linguine	
FILET MIGNON TIDBITS	27
Orecchiette- Filet Mignon- Mushroom Demi Glaze- Scallions	
SEAFOOD FRA DIAVOLO	27
Shrimp- Mussels- Clams- Calamari- Spicy Marinara- Linguine	

Classics

	CHICKEN	SHRIMP	VEAL CHOP
SUBSTITUTE PASTA FOR ROASTED VEGETABLE, RISOTTO, OR SIDE SALAD			
PARMIGIANA	22	24	29
Tomato Sauce- Mozzarella-Spaghetti			
MARSALA	22	24	29
Mushroom Demi Glace- Marsala Wine- Spaghetti			
FRANCAISE	22	24	29
Lemon- White Wine- Spaghetti			
SCARPELLO	24	26	31
Sausage- Potatoes- Mushroom Demi Glace- Penne			
PICCATA	24	26	31
Lemon- White Wine- Artichokes- Capers- Linguine			

Entrees

SUBSTITUTE PASTA FOR ROASTED VEGETABLE, RISOTTO, OR SIDE SALAD	
EGGPLANT PARMIGIANA	20
Fried Eggplant - Tomato Sauce - Mozzarella - Spaghetti	
EGGPLANT MARGARITA	22
Fried Eggplant - Marinara - Fresh Mozzarella - Basil - Spaghetti	
CHICKEN CAPRI	24
Breaded Chicken Cutlet - Tomatoes - Red Onions - Fresh Mozzarella	
Pearls - Balsamic Reduction - Roasted Vegetables	
CHICKEN AMALFI	24
Sauteed Chicken - Asparagus - Roasted Peppers - Fresh Mozzarella	
Garlic - White Wine - Linguine	
CHICKEN ROLLATINI	24
Rolled Chicken Cutlet - Smoked Ham - Mozzarella - Swiss	
Mushroom Demi-Glace - Penne	
CHICKEN FLORENTINE	24
Grilled Chicken - Roasted Peppers - Spinach - Garlic	
EVOO - Spaghetti	
CHICKEN CORDON BLEU	24
Rolled Chicken Cutlet- Smoked Ham - Mozzarella - Swiss	
Pecorino Romano Cream Sauce - Linguine	
FLOUNDER OREGANATA*	25
Broiled Flounder- Bread Crumbs- Garlic - White Wine - Risotto	
GRILLED SALMON*	27
Roasted Vegetables	
STUFFED SHRIMP*	27
Colossal Shrimp - Crabmeat Stuffing - Spinach - Garlic	
White Wine - Risotto	
SEA SCALLOPS*	29
Pan Seared Sea Scallops - Asparagus - Roasted Tomato Risotto	
FILET MIGNON*	33
8oz Filet - Grilled Asparagus - Potato Wedges - Bleu Cheese Butter	
SURF AND TURF*	37
8oz Filet - Grilled Shrimp - Risotto - Mushroom Demi-Glace	

Gourmet Burgers

Choice of French Fries or Roasted Vegetables

CHEESE*	16	BACON BOMBER*	18
8oz Housemade Burger- American- Lettuce		Bacon-Cheddar-Mozzarella-Lettuce	
Tomato-Onion		Tomato-Thousand Island	
VEGETARIAN BLACK BEAN	16	MAC AND CHEESE*	18
Avocado-Swiss-Lettuce-Tomato-Onion		Bacon-Cheddar-Mac & Cheese-Lettuce	
Micro Greens-Chipotle Aioli		Tomato-Onion	
SOUTHWEST*	18	THE SPEONK*	18
Avocado- Cheddar- Lettuce-Tomato-Onion		Caramelized Onions-Mushrooms	
Chipotle Aioli		Swiss-Horseradish Aioli	

Kids

MAC & CHEESE	11
CHEESE RAVIOLI	11
PENNE ALLA VODKA	12
SPAGHETTI & MEATBALL	12
CHICKEN FINGERS & FRENCH FRIES	10

 GLUTEN FREE OPTIONS AND PASTA AVAILABLE

* Thoroughly cooking meat, poultry, seafood, shellfish or egg reduces the risk of food born illness. Before placing your order, please inform your server if a person in your party has a food allergy.



Heros

CHICKEN PARM	13	CHICKEN BACON BOMBER	14
MEATBALL PARM	13	Chicken Cutlet-Bacon-Cheddar Cheese	
EGGPLANT PARM	13	Mozzarella Cheese-Thousand Island Dressing	
SHRIMP PARM	15	CHICKEN CLUB	14
PHILLY CHEESESTEAK	14	Fried Chicken-Bacon-American	
SAUSAGE AND PEPPERS	12	Cheese-Lettuce-Tomato-Mayonnaise	
CHICKEN ALLA VODKA PARM	14	CHICKEN CAPRESE	13
		Grilled Chicken-Tomato-Fresh Mozzarella	
		Roasted Red Peppers-Balsamic Vinaigrette	

Wraps

Whole Wheat or White Flour

BUFFALO CHICKEN	10		
Buffalo Chiken Tenders-Lettuce-Cheddar-Tomato-Blue Cheese Dressing			
CHICKEN CAESAR	10		
Grilled Chicken-Romaine-Shaved Parmesan-Garlic Bread Croutons-Caesar Dressing			
CHICKEN BACON BOMBER	12		
Chicken Cutlet-Bacon-Cheddar-Cheese-Mozzarella-Thousand Island Dressing			
AVOCADO BLT	12		
Bacon-Lettuce-Tomato-Avocado-Chipotle Aiolo			
CHICKEN BRUSCHETTA	12		
Grilled Chicken-Red Onions-Chopped-Balsamic Vinaigrette			
CAJUN SHRIMP	13		
Cajun Shrimp-Mixed Greens-Cucumber-Avocado-Balsamic Vinaigrette			

Daninis

GRILLED CHICKEN	12		
Grilled Chicken-Roasted Peppers-Tomatoes-Fresh Mozzarella-Balsamic Dressing			
EGGPLANT CAPRESE	12		
Fried eggplant-Tomato-Fresh-Mozzarella-Roasted Red Peppers			
SOUTHWEST CHICKEN	12		
Grilled Chicken-Bacon-Avocado-Cheddar-chipotle aioli			
PROSCIUTTO AND MOZZARELLA	13		
Prosciutto Di Parma - Fresh Mozzarella - Tomato - Mixed Greens - Balsamic Glaze			

Sides

PASTA	8		
Garlic & Oil or Marinara			
ROASTED VEGETABLE	8		
FRENCH FRIES	6		
ROASTED TOMATO RISOTTO	7		
SWEET POTATO FRIES	7		
Maple Brown Sugar sauce			
SAUTÉED BROCCOLI RABE	10		

Dessert

KEY LIME PIE	9		
JUNIORS NY CHEESECAKE	8		
MINI CANNOLIS (3)	6		

* PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

Pizza

CLASSICS

SUBSTITUTE PERSONAL CAULIFLOWER CRUST 3			
CHEESE PIZZA	14	17	
SICILIAN	16	20	
GRANDMA	16	22	
GRANDMA VODKA	16	22	
MARGARITA	16	22	
WHITE	16	22	

SPECIALTIES

SESAME SEED CRUST			
ROASTED VEGETABLE	16	28	
Mixed Roasted Vegetable - Mozzarella			
SPINACH ARTICHOKE	16	28	
Spinach - Artichoke - Cream Sauce - Mozzarella			
PENNE ALLA VODKA	16	28	
Vodka Sauce - Penne Pasta - Mozzarella			
MAC & CHEESE	16	28	
Elbow Pasta - Cheddar Cream Sauce - Mozzarella			
EGGPLANT ROLLATINI	16	28	
Fried Eggplant - Ricotta - Tomato Sauce - Mozzarella			
HAWAIIIAN	16	28	
Pineapple - Bacon - Ham - Tomato Sauce - Mozzarella			
MARY'S MEATBALL	18	31	
Beef Meatballs - Marinara - Fresh Mozzarella - Ricotta - Basil			
CHICKEN BACON BOMBER	17	30	
Chicken Cutlet - Bacon - Cheddar - Mozzarella - Thousand Island			
CHICKEN CORDON BLEU	17	30	
Chicken Cutlet - Smoked Ham - Pecorino Romano Cream Sauce - Mozzarella			
BUFFALO CHICKEN	17	30	
Chicken Cutlet - Buffalo Sauce - Mozzarella			
CHICKEN PARM	17	30	
Chicken Cutlet - Tomato Sauce - Mozzarella			
BROCCOLI RABE & SAUSAGE	19	32	
Sweet Sausage - Broccoli Rabe - Garlic & Oil - Mozzarella			
SPICY BBQ STEAK	19	32	
Sliced Steak - Jalapenos - Cheddar - BBQ Sauce - Fried Onion Straws			
TOPPINGS			
PERSONAL HALF 2 FULL 3			
LARGE HALF 3 FULL 5			
EXTRA CHEESE - PEPPERS & ONIONS - MUSHROOMS - BLACK OLIVES - PEPPERONI			
SAUSAGE - MEATBALLS - BACON - JALAPEÑOS - PINEAPPLE			

Flatbreads

Substitute Cauliflower Pie 3			
MARGARITA Plum Tomato - Fresh Mozzarella - Basil	13		
ALLA VODKA Fresh Mozzarella - Vodka Sauce - Basil	13		
ROASTED VEGETABLE Mixed Roasted Vegetables - Mozzarella	15		
SPINACH & ARTICHOKE Spinach - Artichokes - Cream Sauce	15		
Mozzarella Cheese			
BUFFALO CHICKEN Chicken Cutlet - Buffalo Sauce - Mozzarella	15		
MARYS MEATBALL• Beef Meatballs - Marinara - Ricotta - Basil	15		
SAUSAGE & BROCCOLI RABE Sausage - Broccoli Rabe	16		
Garlic and Oil - Mozzarella			
SPICY BBQ STEAK• Sliced Steak - Jalapeños - Cheddar	16		
BBQ Sauce - Fried Onion Straws			
THAI SHRIMP• Thai Chili Sauce - Mozzarella - Scallions - Shrimp	16		

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TAKE OUT MENU

SPEONK

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LOCATIONS:

ISLIP TERRACE: 876 CONNETQUOT AVE. ISLIP TERRACE • 631.277.1590
FARMINGDALE: 611 MAIN ST. FARMINGDALE • 516.586.5917



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